

Team Evergreen Cycling Ride Leader Guide

Leader and co-leader will be referred to as leaders.

When groups are larger than 10-12, when riders break into smaller packs due to divergent riding speeds, and when there are options of shorter routes for those of less strength, co-leaders are needed. Though we try to schedule a leader + 1 co-leaders for each ride, if the situation (at the start or at regroupings) is best served by adding additional co-leaders, they should be chosen on the spot and reported to the ride coordinator later so they will earn credit towards ride leader awards.



TEAM EVERGREEN
CYCLING

Paramount are safety and fun.

Risk taking and flagrant violation of traffic laws or trail rules, aggressive behavior vs. motorists, pedestrians, and other cyclists will not be tolerated. The reputation of our club and of cycling community is at stake. TE advocates for safe cycling and increased cycling options throughout Colorado and we “practice what we preach.”

Unsafe conditions due to weather, road/trail surfaces, unanticipated traffic/hazards may necessitate alteration or cancelling of ride plans. Decisions of this nature are best made in conference with the other riders cognizance of the comfort level of the least experienced. No honor lost when acting wisely. Those wishing to continue when the leaders have decided otherwise are on their own.

“Newbies” are to be welcomed, introduced to other riders, and looked after so they will have positive experience and return to ride again and hopefully join TE. Most will be slower, though not always. Most of us once were in that situation and know what it is like. Early in the season there will be more newcomers.

Route finding has changed from the days of printed maps and cue sheets. Most riders will know routes. Many will have Garmin navigation, and our routes are in RWGPS and linked to website calendar pages and can be downloaded to Garmins. Those who want printed sheets can download and print, but no need for leaders to waste time and printer cartridges. Few will take a map from leader and even fewer will use. Best is to identify at the meet up those who are unsure of route, then have them stay in sight of others. At intersections regroup and make sure these riders are accounted for.

Regrouping and riding together adds to everyone’s pleasure. TE rides are not races.

“Sign in” sheets are actually liability releases. Once the waiver has been signed, on paper or on line (teamevergreen.org/rides/ride-waiver), there is no need to sign in again at subsequent rides. Getting signatures at the meet up was a time consuming chore which has now been streamlined. Just ask for signatures from non-members and from those who have yet to initial the waiver on line. Scribble the total # of riders on the sheet before mailing to TE, so we can get an estimate of participation, but these are not school room attendance sheets. Try to get email address from new riders. Mail to Team Evergreen Cycling, Box 3804, Evergreen, CO 80437.

Bring two forms to rides, *Waiver and Release of Liability* and *Incident Report*. Print from links on this page: teamevergreen.org/rides/ride-leaders/forms and carry the Incident Report on rides. In event of an accident, remember that photos and videos taken with your phone can later be important. TE members injured or sued for liability consequent to participation are indemnified by a club insurance policy.

Recruit members. Mention that TE is an important advocacy organization. The larger our roster, the greater our clout. Rides are open to the public, but it is expected that after 3 rides, membership will be purchased. Dues are inexpensive.

Make everyone wear a helmet and confirm they have adequate water and nutrition. Be prepared for the ride, ride safe and have fun!